



**FOOD FOR
THE HUNGRY**



CAMBODIA

Svay Leu I, Svay Leu II, Tropeang Prasat

**Year-End Community Summary
Fiscal Year 2023**

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Communities:
35



Total Households:
9,802



Total Population:
44,362



Program Participants:
28,141

CAMBODIA

With 35 communities partnered across three Area Programs, FH Cambodia has a lot to celebrate! This year, thousands of families rolled up their sleeves and got to work transforming their homes, schools, and leadership practices.

Cascade groups focused on health and sanitation trained hundreds of peers in new ways to improve nutrition and hygiene as well as monitor their children's growth. Communities worked with local authorities to promote household latrines and handwashing stations as well as treat drinking water to reduce the spread of sickness in homes and schools.

Teachers enjoyed professional development training in teaching literacy and numeracy. Educators also learned about school-based management to raise the quality of teaching, learning, and supporting safe school environments. Caregivers, too, were equipped to better support their children's education and after-school clubs gave kids a place to grow academically, socially, and personally.

In addition to health and education, Cambodian communities strengthened their food security and livelihoods. Hundreds of families participated in training on animal husbandry, chicken raising, aquaculture, fish and frog farming, and crop cultivation! Farmers began applying new ways to increase their harvests and leverage climate-smart techniques to improve their resilience.

One community received FH grants to build, renovate, and repair their road drainage system. It also covered needed repairs to the school pond, the student canteen, and the preschool. These upgrades raised the safety and standard of living for children and youth.

Last but not least, we're excited about celebrating the culmination of FH partnership with Svay Leu II in the fall of 2024!



A group of youth from the Youth Livelihood Development (YLD) project received soft skills training to boost their skill sets.

IMPACT STORY

Yang Starts Her Own Business

Story collected and written by Dara Kim, Tropeang Prasat

Despite successfully completing Grade 12 and graduating with a full education, Yang struggled. Her parents couldn't afford to send her to university to continue her studies and jobs in her community of Tuol Pong Ro were scarce. She lacked experience and confidence. So, she stayed home, helping with chores, cooking, and cleaning. Her future had little hope.

So when an opportunity arose to join FH Cambodia's Youth Livelihood Development pilot project, Yang was thrilled! She dove right in, learning new skills and strengthening her confidence. Together with six other young women, Yang took a "barista" course where the group learned to make and sell drinks like coffees, shakes, and sodas. They also learned about gender equality, non-discrimination, and equal access to rights—all of which strengthened their approach to earning a living and participating in their community.

Yang was one of the barista graduates to start their own business with \$300 of start-up money from FH. She's already dreaming of expanding her business. According to FH staff, she's now full of hope and happiness. FH Cambodia also supported Yang's family with fish and frog farming training and supplies so the whole family can grow together.



Yang's group discusses their future business plans.



I hope that this success will enable me to provide a decent income for myself and support my younger brothers' education.

— Yang

The youth livelihood development project

The Youth Livelihood Development (YLD) project aims to encourage young people to work locally and earn an income for themselves and their families, thereby reducing economic migration and improving their lives. The project provides opportunities for youth who dropped out of school or are economically vulnerable to acquire technical knowledge and capacity building.

FH Cambodia equips them with vocational skills in their expressed areas of interest so they can begin to contribute financially to their families. In the process, these youth learn to develop clear goals and soft skills like self-motivation, communication, and decision making. So far, 47 youth split into two cohorts have been provided with technical skills, capacity building, gender equality training, and mentors.

Cohort 1 (27 youth)

Young Men Trained

- 6 took a barbers' course
- 4 took vehicle maintenance and repair
- 4 took motorcycle maintenance and repair
- 1 took tractor maintenance and repair

Young Women Trained

- 5 took a beauty salon course
- 7 took a barista course

Cohort 2 in progress
20 youth continue to study skills and develop their master craftsmen.

EDUCATION

Sharpening reading and writing skills



“I was very shy and didn’t interact with community members. My family and I did not understand the importance of children’s education. When I got involved with FH, I changed my mindset. I send my children to preschool and help teach them at home. Now I have a good relationship with my neighbours—I encourage them to send their children to school.”

— Koemlin,
Cascade group leader, Tuol Prasat

5 primary schools **received playground equipment benefiting 1,165 students:** 8 swing sets, 8 slides, and an ABC table

5,456 children from 17 primary schools **received library materials** and have increased their reading as seen in the photo

42.6% increase in the number of students in Tropeang Prasat **reading books in school libraries** since the beginning of the year—from 964 to 2,265 students!

186 teachers trained on **early grade learning packages**, play-based instruction, and literacy and numeracy

369 children in child clubs trained on literacy and numeracy, teaching, and life skills

12 Commune Committees for Women and Children (CCWC) participated in **awareness raising sessions on early child development**

HEALTH

New recipes leading to healthier kids

35 Cascade Health leaders **trained in antenatal/postnatal care and maternal/child nutrition**, who then educated 351 group members

784 caregivers and 75 children **participated in cooking demonstrations** to learn new nutritious recipes

72 men **participated in cooking demos**, gaining skills to aid women in caring for malnourished children, fostering recovery and promoting child well-being

28 communities **implemented Community-Led Total Sanitation (CLTS)** and 7 of them celebrated achieving zero open defecation

475 families received **hygiene kits**; most built tippy taps for daily handwashing as seen in the photo

41 people **trained on safe drinking water and water storage**; they trained 281 community members



“I thank God for FH and the donors! Through the training we have learned a lot. I can see the results in my community—I see fewer underweight children and that fills me with a lot of happiness.”

— Paulina, Leader Mother

LIVELIHOODS

Diversifying income streams—plants, fish, and frogs!



“Since being trained by FH Cambodia on small business, I have prepared plans and managed expenses to buy materials. As a result, I earned enough from my small business to support my family and my children’s studies.”

— Yom, savings group member, Rohal Village

96 community members **trained by Lead Farmers to make compost fertilizer** and botanical pesticides/insecticides

50 vulnerable people, church members, and Cascade Agriculture group leaders **trained in chickens and aquaculture**

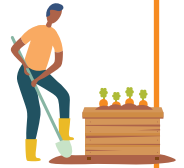
13 Lead Farmers trained **387 community members on home gardening, fishing, chicken raising**

704 **Savings and Loans group members** trained on savings principles (e.g. financial decision trees) as seen in the photo

165 community members **trained on business management and financial literacy**

69 participants **trained on value chain mapping** and growing rice, cassava, chicken

211 students and teachers **participated in climate smart agriculture practices** through school gardens



LEADERSHIP DEVELOPMENT

Protecting the vulnerable



82 leaders serving over **40,000 people** trained to develop their own community transformation plan and vision

57 community leaders **trained on safeguarding. They trained 1,081 community members**

79 leaders (including youth and volunteers) **trained on the Community System for Accountability and Feedback (C-SAFE).** They conducted C-SAFE awareness for 759 people

198 children and youth leaders **trained on child rights, personal safety,** and child abuse reporting pathways

3 **partnership meetings conducted** between Tropeang Prasat III and local authorities



“I did not have much free time to participate in community activities and meetings for developing my community. When I got involved with FH, I learned about the role of Cascade group leaders for child monitoring, child rights, and child protection. I’ve changed a lot!”

— Seila, child sponsorship support volunteer

“I believe that our future hope is with our next generation who will be able to finish their studies and have a good job to support their family, and then develop our community to be more prosperous and grow better.”
— Tun, Cascade Education group leader



Students now enjoy reading corners in their classrooms and libraries.

Thank You

FH Canada, FH Cambodia, and the thousands of families across our partner communities in Cambodia thank you for your generous donations toward their development journeys. You are part of an incredible transformation happening in families, schools, neighbourhoods, and entire communities. Together, we are ending poverty!